



NEW YORK STATE
Public Employees Federation
Region **09** Retirees
1168-70 Troy Schnectday Rd
PO Box 12414
Albany, NY 12212-2414

Retiree Chapter 09 Officers:
President: Patrick McLaughlin
Vice Pres: Tom Ryan, East side:
Secretary: Mary Jones
Treasurer: Diane Conklin
Vice Pres. Vivian Street, West side

PEF CHAPTER 9 RETIREES MEETING MINUTES . Dut./Ulster Ct.

The Venue: Coppola's Restaurant

Address: Route 9, Hyde Park, NY 12538

Date: Sept.20, 2023. 12 noon.

Attendance: 75 members, 13 no shows.

3 guest speakers.. 7 paying guests.

Agenda:

Pledge of Allegiance—Moment of Silence.

The Meeting was called to order at 12:20 pm by Patrick McLaughlin.

President's Remarks- After welcoming the members, President McLaughlin introduced the Chapter 9 Officers, introduced the agenda for the afternoon including the 3 guest speakers to address the group. Patrick reminded the group that you must be a dues paying retiree member to attend the yearly luncheon in the county in which you reside. In addition, as a dues paying member, you will receive a yearly invitation to the All County wide luncheon.

The serving of a buffet lunch was the first order of business.

Guest Speakers: Brian Jones, Dutchess Ct .Office of the Aging. Don Morgenstern on COPE. Ryan Gilligan, PEF Membership Benefits. Special guest, Karen Danish, Retiree Services Coordinator/Chapter 8 President.

Brian Jones gave a 60 min. Power point presentation on Aging and concluded with enumerating the many ways the Office of the Aging can assist Seniors in this process. The following are but a few mentioned: Balance classes, Tai Chi, safe exercises and weight training, MEDICARE 101, Health Insurance Counseling, Scam protection, Friendly Calls program, Go Go Grandparent program, Call Seniors, Nutrition Counseling, Exercise groups, Minor home repair help, transportation to medical appointments, community centers etc.

His final message was Not to be sedentary.....keep moving and volunteer.

Don Morgenstern spoke about the importance of contributing to COPE. He announced we lost getting Medicare to include dental and vision care by one vote (West Va.) The Medicare minimum payment this year is 164.90..subject to increase in Jan. 24. He recommended people donate to COPE through payroll deduction.

Ryan Gilligan spoke about membership benefits and the easiest way to access the discounts available. Some benefits available are: Legal plan. Vision plan. Dental plan, Car and Homeowners Insurance, Mortgage /Financial planning, Def.Driving classes, Liberty Travel, Baseball tickets, Pet Insurance, Gift cards and Movie/Broadway theater tickets.

Secretary Report: The minutes from the June 28 meeting were distributed to the members, read and accepted.

Treasury Report: From June 28 to Sept. 20, 2023, starting balance was \$19,516.32. Total expenses were \$554.29 and income was 35.00. Final balance on hand as of 9/20/23 is \$18,997.03. This does not include expenses incurred today from the luncheon. As a way of spending down, PEF shirts, freezer logo bags, road safety lights, PEF logo table runners have been purchased to give to members present.

Old Business: none

New Business:Patrick announced we currently have 1720 members in Chapter 9. The next County wide meeting will be in Westchester Ct. on Nov. 1st 2023. Every member present received a freezer bag and PEF shirt. 18 safety lights were raffled off, to end the program.

A motion to adjourn was made by Ron Manuli at 2:55, seconded by Marianne Albamont and carried.

**Respectfully submitted:
Mary Jones,.Secretary**