



Contract Administration

TO: Executive Board and Council Leaders
FROM: Erika Frasier, Health Benefits Specialist
DATE: November 22, 2022
RE: 2023 Annual Option Transfer and Pre-Tax Contribution Program Election Period

The Empire Plan and HMO premium rates for 2023 have been finalized by the Department of Civil Service. Pursuant to the authority established in New York State *Insurance Law* §§4235 (j)(1), (2) and (3), Empire Plan premium rates are adjusted annually based on enrollee utilization and projected costs. These rates are not negotiated by PEF. PEF negotiates the level of benefits and the employee/state premium percentage cost share, which has not changed from 2022 to 2023.

For PEF-represented employees in titles allocated or equal to Salary Grade 9 and below the State will pay 88% of the cost of the premium for individual coverage and 73% for the additional cost of family coverage. For PEF-represented employees in titles allocated or equal to Salary Grade 10 and above the State will pay 84% of the cost of the premium for individual coverage and 69% for the additional cost of family coverage.

The Option Transfer Period will run from December 1, 2022, through December 31, 2022.

The NYBEAS benefit plan effective dates for Plan Year 2023 are:

- January 5, 2023 for employees on the Administration Payroll
- December 29, 2022 for employees on the Institution Payroll

The 2023 Empire Plan premium rates for PEF-represented active employees and all other applicable ratified unions are indicated in the tables below. HMO rates are attached to this memo.

Salary Grade 9 and Below:

Type of Coverage	Current Biweekly Premium Deduction	2023 Biweekly Premium Deduction	\$ Change from 2022 to 2023	% Change from 2022 to 2023
Individual	\$50.89	\$56.01	\$5.12	10.01%
Family	\$219.75	\$241.79	\$22.04	10%

Salary Grade 10 and Above:

Type of Coverage	Current Biweekly Premium Deduction	2023 Biweekly Premium Deduction	\$ Change from 2022 to 2023	% Change from 2022 to 2023
Individual	\$67.85	\$74.68	\$6.83	10.01%
Family	\$261.73	\$287.98	\$26.25	10%

Enrollment, Changes, and Informational Pieces:

Active Employees can submit and make changes to all health benefits online using MyNYSHIP: <https://www.cs.ny.gov/mynyship/welcome/>. If employees do not make changes online, they must complete the PS-404 form in order to enroll or make changes to benefits. The completed form must be submitted to the agency Health Benefits Administrator (HBA) for processing no later than December 31st, 2022.

Option Transfer information such as premium rates and side-by-side plan comparisons can be found on the Department of Civil Service web site at <https://cs.ny.gov/employee-benefits>. Select your group (PEF) if prompted, and then click on Health Benefits & Option Transfer. Choose Rates and Health Plan Choices. This information is also available on the PEF website: <https://www.pef.org/benefits/>, Health Benefits News.

Young Adult Option (YAO):

The Open Enrollment period for the YAO will coincide with the annual Option Transfer Period. The YAO provides coverage to children of NYSHIP enrollees, up to age 30. For additional YAO information, employees may visit: <http://www.cs.ny.gov/employee-benefits/young-adult-option/>.

NYSHIP HMO Changes:

- CDPHP has changed their Prescription Benefit Manager to Capital Rx from CVS Caremark effective January 1, 2023. All members enrolled in this plan will be receiving a new benefit card in early December 2022. CDPHP's pharmacy network is not changing. CDPHP mailed a side-by-side benefit comparison for plan years 2022 and 2023 to current members noting this change and is available via NYSHIP Online.
- CDPHP has changed their wellness rewards administrator to Virgin Pulse from CafeWell effective January 1, 2023. CDPHP has mailed a side-by-side benefit comparison for plan years 2022 and 2023 to current members noting this change and is available via NYSHIP Online.

It is important to look at more than premium rates when selecting or remaining with an HMO. PEF (and other state employee unions) only negotiate the benefits and other elements of plan design for the Empire Plan. PEF does not negotiate the benefits that HMOs provide. HMOs are allowed to change benefit levels on an annual basis, independent of the negotiated Empire Plan benefits. For this reason, we always recommend that HMO enrollees review their plan options carefully each year during the Option Transfer Period.

The actual percentage of rate change varies by Plan and coverage type (Individual vs. Family). The change in the employee deduction for each HMO can vary due to the impact of the HMO premium "capping" formula. If a PEF-represented state employee enrolls in an HMO, the State's dollar contribution for the non-prescription drug components of the HMO premium will not exceed the state's dollar contribution for the non-prescription drug components of The Empire Plan premium. The enrollee must pay 100% of the premium amount exceeding the cap.

If you have any questions about the rates, please contact Erika Frasier in the Contract Administration Department (x283) at PEF headquarters.

cc: Joint Committee on Health Benefits
Regional Offices
Membership
Field

att. Salary Grade 9 and Below Premium Comparison Chart
Salary Grade 10 and Above Premium Comparison Chart

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<SG 9 Biweekly Health Insurance Premium Contributions: Comparison of Current and 1/1/23 Rates

Plan	Coverage Level	Current Rates	1/1/23 Rates	Amount of Change	
Empire Plan	Individual	\$50.89	\$56.01	\$5.12	10.1%
	Family	\$219.75	\$241.79	\$22.04	10.0%
<u>HMO Options:</u>					
Blue Choice (066)	Individual	\$42.58	\$43.18	\$0.60	1.4%
	Family	\$182.57	\$184.91	\$2.34	1.3%
CDPHP-Capital (063)	Individual	\$45.14	\$48.42	\$3.28	7.3%
	Family	\$191.31	\$205.35	\$14.04	7.3%
CDPHP-Central (300)	Individual	\$43.60	\$48.29	\$4.69	10.8%
	Family	\$182.66	\$203.99	\$21.33	11.7%
CDPHP-Hudson Valley (310)	Individual	\$74.60	\$56.52	-\$18.08	-24.2%
	Family	\$232.75	\$216.38	-\$16.37	-7.0%
EmblemHealth HIP Downstate (050)	Individual	\$107.39	\$107.49	\$0.10	0.1%
	Family	\$309.10	\$314.58	\$5.48	1.8%
EmblemHealth HIP Capital Region (220)	Individual	\$174.19	\$152.46	-\$21.73	-12.5%
	Family	\$477.75	\$483.24	\$5.49	1.1%
EmblemHealth - HIP Hudson Valley (350)	Individual	\$170.33	\$173.08	\$2.75	1.6%
	Family	\$459.44	\$458.73	-\$0.71	-0.2%
Highmark BCBSWNY (067)	Individual	\$42.14	\$45.32	\$3.18	7.5%
	Family	\$179.83	\$193.72	\$13.89	7.7%
Highmark BSNNY (069)	Individual	\$46.79	\$49.52	\$2.73	5.8%
	Family	\$200.21	\$212.45	\$12.24	6.1%
HMOBlue-Central NY Region (072)	Individual	\$46.44	\$49.00	\$2.56	5.5%
	Family	\$195.73	\$206.60	\$10.87	5.6%
HMOBlue-Utica & Watertown Reg (160)	Individual	\$47.09	\$51.10	\$4.01	8.5%
	Family	\$209.84	\$227.97	\$18.13	8.6%
Independent Health	Individual	\$39.38	\$44.90	\$5.52	14.0%
	Family	\$166.28	\$190.19	-\$23.91	14.4%
MVP-Rochester (058)	Individual	\$43.42	\$45.20	\$1.78	4.1%
	Family	\$170.24	\$177.18	\$6.94	4.1%
MVP-East (060)	Individual	\$44.57	\$46.99	\$2.42	5.4%
	Family	\$174.62	\$184.44	\$9.82	5.6%
MVP-Central (330)	Individual	\$53.90	\$52.54	-\$1.36	-2.5%
	Family	\$197.41	\$206.63	\$9.22	4.7%
MVP-Mid-Hudson (340)	Individual	\$53.23	\$52.74	-\$0.49	-0.9%
	Family	\$195.10	\$208.59	\$13.49	6.9%
MVP-North (360)	Individual	\$53.69	\$48.69	-\$5.00	-9.3%
	Family	\$197.31	\$191.26	-\$6.05	-3.1%

<SG 10 Biweekly Health Insurance Premium Contributions: Comparison of Current and 1/1/23 Rates

Plan	Coverage Level	Current Rates	1/1/23 Rates	Amount of Change	
Empire Plan	Individual	\$67.85	\$74.68	\$6.83	10.1%
	Family	\$261.73	\$287.98	\$26.25	10.0%
<u>HMO Options:</u>					
Blue Choice (066)	Individual	\$56.77	\$57.57	\$0.80	1.4%
	Family	\$217.50	\$220.30	\$2.80	1.3%
CDPHP-Capital (063)	Individual	\$60.19	\$64.56	\$4.37	7.3%
	Family	\$228.01	\$244.74	\$16.73	7.3%
CDPHP-Central (300)	Individual	\$58.14	\$64.38	\$6.24	10.7%
	Family	\$217.79	\$243.15	\$25.36	11.6%
CDPHP-Hudson Valley (310)	Individual	\$90.28	\$73.25	-\$17.03	-18.9%
	Family	\$273.01	\$257.87	-\$15.14	-5.5%
EmblemHealth HIP Downstate (050)	Individual	\$125.58	\$127.17	\$1.59	1.3%
	Family	\$355.37	\$364.59	\$9.22	2.6%
EmblemHealth HIP Capital Region (220)	Individual	\$193.30	\$172.78	-\$20.52	-10.6%
	Family	\$526.27	\$531.81	\$5.54	1.1%
EmblemHealth - HIP Hudson Valley (350)	Individual	\$187.81	\$189.71	\$1.90	1.0%
	Family	\$503.98	\$501.29	-\$2.69	-0.5%
Highmark BCBSWNY (067)	Individual	\$56.19	\$60.43	\$4.24	7.5%
	Family	\$214.27	\$230.82	\$16.55	7.7%
Highmark BSNNY (069)	Individual	\$62.39	\$66.03	\$3.64	5.8%
	Family	\$238.55	\$253.10	\$14.55	6.1%
HMOBlue-Central NY Region (072)	Individual	\$61.91	\$65.33	\$3.42	5.5%
	Family	\$233.33	\$246.29	\$12.96	5.6%
HMOBlue-Utica & Watertown Reg (160)	Individual	\$62.79	\$68.13	\$5.34	8.5%
	Family	\$249.64	\$271.20	\$21.56	8.6%
Independent Health	Individual	\$52.50	\$59.86	\$7.36	14.0%
	Family	\$198.21	\$226.68	-\$28.47	14.4%
MVP-Rochester (058)	Individual	\$57.90	\$60.26	\$2.36	4.1%
	Family	\$203.50	\$211.79	\$8.29	4.1%
MVP-East (060)	Individual	\$59.42	\$62.66	\$3.24	5.5%
	Family	\$208.74	\$220.46	\$11.72	5.6%
MVP-Central (330)	Individual	\$70.39	\$70.05	-\$0.34	-0.5%
	Family	\$235.91	\$246.97	\$11.06	4.7%
MVP-Mid-Hudson (340)	Individual	\$69.48	\$70.32	\$0.84	1.2%
	Family	\$233.13	\$249.27	\$16.14	6.9%
MVP-North (360)	Individual	\$70.18	\$64.92	-\$5.26	-7.5%
	Family	\$235.79	\$228.61	-\$7.18	-3.0%