

PSWP | PUBLIC SERVICE WORKSHOPS PROGRAM



Governor's Office
of Employee Relations



New York State
Public Employees Federation

PSWP Workshops are for PEF-Represented and Management/ Confidential Employees

To reference full workshop details
and to register go to the
**Statewide Learning
Management System (SLMS)** at
<https://nyslearn.ny.gov>.

For additional information
regarding currently available
offerings, check
PSWP Course Offerings
at www.pswp.info

Equal Opportunity & Reasonable
Accommodation

Seats in the following virtual workshops are now available with CEUs

March 15, 2022

Virtual - Zoom

Training Title:	Date/Time:
Managing Aggression within the Therapeutic Process (with CEUs) - Virtual	Friday, April 29, 2022 9:00 AM to 4:00 PM
Provider:	Location:
Tompkins Cortland Community College Biz	Virtual - Zoom
SLMS Search Number:	Registration Deadline:
5544 or Click here to register (sign in required)	Friday, 4/15/22

The focus of this virtual workshop is on aggression and anger management. Participants will learn that, although resistance is a part of the therapeutic process not uncommon to clinicians, aggression can be disruptive on a multitude of levels, and even dangerous. Participants will become familiar with theories focusing on aggression and impulse control challenges, stages of aggression and corresponding de-escalation strategies, skills to more effectively regulate affect, and self-nurturance for client and counselor alike. (6 approved NYS Licensed Marriage and Family Therapists and Licensed Mental Health Counselors contact hours. 6 approved NYS Licensed Clinical and Master Social Workers continuing education units.)

Virtual - Zoom (continued)

Training Title:	Date/Time:
Suicide Intervention: Building Your Confidence & Clinical Skills (with CEUs) - Virtual	Friday, April 29, 2022 9:00 AM to 12:00 PM
Provider:	Location:
University at Albany, School of Social Welfare	Virtual - Zoom
SLMS Search Number:	Registration Deadline:
5545 or Click here to register (sign in required)	Friday, 4/15/22
<p>Through this virtual interactive workshop, participants will gain confidence in their decisions, know what their options are as clinicians, and know how to use the tools at hand. Suicide prevention, intervention and assessment will be discussed. The presenter will illustrate the nature of the problem and dispel common myths regarding suicidal individuals. Individual and social/environmental risk factors will be discussed and explored in order to assist participants with feeling comfortable with their safety assessment. Mental health law will also be discussed as a tool for the clinician to utilize with involuntary clients. This workshop is best suited for beginning practitioners or those who would like to refresh their knowledge about suicidal individuals. (3 approved Licensed Master Social Worker, Licensed Clinical Social Worker, Licensed Mental Health Counselor, and Psychologist continuing education Units)</p>	

Virtual - Zoom (continued)

Training Title:	Date/Time:
Counseling Those with Post Traumatic Stress Disorder (with CEUs) - Virtual	Thursday, May 26, 2022 9:00 AM to 4:00 PM
Provider:	Location:
Tompkins Cortland Community College BIZ	Virtual - Zoom
SLMS Search Number:	Registration Deadline:
5546 or Click here to register (sign in required)	Thursday, 5/12/22
<p>In this virtual workshop, participants will learn that exposure to trauma manifests itself in a variety of environments. What was once believed to have been solely tied to combat experiences, has permeated life domains at an incredibly rapid pace. School systems, family units, workplace environments, neighborhoods, and communities, etc., are not insulated from the effects of trauma. Those that suffer the effects of PTSD oftentimes have difficulty in relationships, struggle with depression and anxiety, and have difficulty managing emotions. Participants will explore the dynamics and symptoms associated with PTSD, effective clinical treatment approaches, and strategies to promote healing and self-growth based upon each client's unique persona and experiences. (6 approved NYS Licensed Marriage and Family Therapists and Licensed Mental Health Counselors contact hours. 6 approved NYS Licensed Clinical and Master Social Workers continuing education units.)</p>	

If you are enrolled and then unable to attend, please contact PSWP customer service at PSWPRegistration@albany.edu **immediately** or no later than three (3) days prior to the delivery date to allow a person on the waitlist a chance to attend.