Injured on the Job?

An Employee's Guide to NYS Workers' Compensation Benefits

Injured Worker's Toolkit- helpful links on the NYS Workers' Compensation Board website

Section 1: What is Workers' Compensation and Filing

What is Workers' Compensation? *Introduction to the Workers' Compensation Law*
https://www.wcb.ny.gov/content/main/Workers/what-is-workers-compensation.jsp

Helping you Understand and File for Workers' Compensation Benefits.
https://www.wcb.ny.gov/content/main/Workers/injured-workers-toolkit.jsp

What to do following a work-related accident or illness *Initial Steps for Filing a Workers' Compensation Claim*
https://www.wcb.ny.gov/content/main/Workers/injured-workers-toolkit.jsp#what-to-do

File a Workers' Compensation Claim
https://www.wcb.ny.gov/content/main/Workers/file-claim.jsp

Section 2: How Does the System Really Work?

Understanding the Claims Process
https://www.wcb.ny.gov/content/main/Workers/HowSystemWorks.jsp

Hearings, Agreements & Appeals
https://www.wcb.ny.gov/content/main/hearings.jsp

Section 3: What are the Benefits? | Medical and Lost Wages

Workers' Compensation Benefits Medical Care, Lost Wages, Survivor Benefits
https://www.wcb.ny.gov/content/main/Workers/injured-workers-toolkit.jsp#wc-benefits

Lost Wage Benefits
https://www.wcb.ny.gov/content/main/Workers/LostWageBenefits.jsp

Lost Wage Benefits *factsheet*
https://www.wcb.ny.gov/content/main/TheBoard/indemnity-fact-sheet.pdf

Health Care
https://www.wcb.ny.gov/content/main/Workers/health-care.jsp

Health Care Benefits *factsheet*
https://www.wcb.ny.gov/content/main/TheBoard/health-care-fact-sheet.pdf

Section 4: Disability Classifications

Disability Classifications
https://www.wcb.ny.gov/content/main/Workers/DisabilityClass.jsp

Section 5: Occupational Disease

Occupational Disease
https://www.wcb.ny.gov/content/main/Workers/OccDisease.jsp

Section 6: Rehabilitation Services

Vocational Rehabilitation Services
https://www.wcb.ny.gov/content/main/Workers/rehab.jsp

Section 7: Discrimination Claim

Discrimination claim
https://www.wcb.ny.gov/content/main/Workers/Discrimination.jsp

Section 8: Volunteer Workers | Firefighters and Ambulance Workers

Volunteer Firefighters
https://www.wcb.ny.gov/content/main/vf-vaw/volunteer-firefighters.jsp

Volunteer Ambulance Workers
https://www.wcb.ny.gov/content/main/vf-vaw/volunteer-ambulance-workers.jsp

Section 9: Additional Information

Frequently Asked Questions
https://www.wcb.ny.gov/content/main/Workers/injured-workers-toolkit.jsp#faqs

Privacy Policies *Case Privacy*
https://www.wcb.ny.gov/privacy-policies.jsp

Locations
https://www.wcb.ny.gov/content/main/DistrictOffices/MainPage.jsp