



Warning Signs That an Individual Could Become Violent



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- Case folder indicates previous history of violence
- Makes hostile remarks
- Seems distracted
- Has difficulty concentrating
- Appears anxious, upset or depressed
- Speech disjointed, doesn't make sense
- Body language: combative stance, makes fists, wild gestures, pacing, etc.
- Personal appearance unkempt or markedly different than usual
- Dressed inappropriately for climate/weather such as heavy clothes in summer or light clothes in winter
- Makes repeated phone calls expressing rage, anger or threats or claims that they are not receiving services to which they believe they are entitled
- Refuses to take medication
- History of drug or alcohol abuse

Remember! Violence at the workplace is a serious problem, and should be identified, assessed, and controlled, just like any other workplace hazard. If you are concerned about violence at work, talk to your co-workers, health and safety committee, union representatives, and employer.

PEF has compiled a comprehensive list of resources on workplace violence prevention. Visit our webpage at www.pef.org, click on "Health and Safety" in the left column, then select "Workplace violence prevention resource list" from the list of topics.

Upon request, the PEF Health & Safety Department will provide other factsheets, standards, regulations, and other resources. Contact us at 518-785-1900, ext. 254 or 1-800-342-4306, ext. 254. Also, visit our webpage at www.pef.org.

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